

CASC CLARKSVILLE WINTER INVITE

January 9th, 2016

SANCTIONED BY: Held under USA Swimming through Arkansas Swimming Inc.

SANCTION NUMBER: 16AR0109

SPONSORED BY: Central Arkansas Swim Club – Racers

STARTING TIMES: Saturday AM - Pool Opens: 7:30 am Meet Starts 9:00 am. Saturday PM- Pool Opens not before 12:00pm.

LOCATION: 1611 Oakland St., Clarksville, AR. 72830

Meet Referee: Beverly Brister, (P) 501-732-6402, Beverly.brister@yahoo.com

Meet Director: Onat Tungac, (P) 501-766-6095, coachonat@cascracers.com

FACILITY: Clarksville Aquatic Center – 8 lane 25yard competition pool, 2 lane 25yard warm down pool. Advanced air quality system and Daktronics timing system. The meet will be run with a closed deck. Only swimmers, certified coaches and meet personnel will be allowed on deck. The minimum water depth, measured in accordance with Article 202.2.4.9C is 8'0" at the start end and 4'6" at the turn end. The competition course has not been certified in accordance with article 104.2.2C(4).

No food will be allowed on deck. Spectator seating will be available in the natatorium bleachers area. Swimmers leaving the pool area must wear a shirt, pants and shoes.

ELIGIBILITY: All 2016USA-S registered swimmers are eligible. Swimmers should be prepared to show proof of their current USA-S registration if requested. Swimmer's age on the first day of the meet (January 9th, 2016) will determine their age group for the meet. 2015-16 USA-S and ASI rules will govern the meet. On deck registration will not be permitted.

Arkansas Swimming welcomes the participation of swimmers with disabilities in all ASI sanctioned events. Swimmers and/or their coaches who may have special needs are expected to contact the Meet Referee to discuss competitive accommodations and to contact both the Meet Referee and the Meet Director to discuss facility accommodations, prior to the entry deadline for the meet.

SEEDING: This is a pre-seeded meet. All events will be timed finals. Submit Swimmer's best short course yards times to ensure proper seeding.

ENTRY LIMITS: Swimmers may enter a maximum of five (5) individual events per day and one (1) relay. Meet will be limited to first 400 swimmers entered. If the team's entries exceed the 400 limit, all of the team's entries will be accepted. Only the top 24 swimmers will be accepted for the 400 I.M. and 500 free, for males and females.

Positive Check in: Positive check in will be required for the 400 I.M. and 500 free.

Relays: Mixed relays must consist of 2 girls and 2 boys per relay. Relays will not score and there will not be awards for relay events.

ENTRY FEES: \$10 facility charge for each swimmer; \$3.00 ASI surcharge for each swimmer; \$2.60 for each individual event entered, \$5 for each relay entered.

DECK ENTRIES: Deck entries will be accepted by the Clerk of Course up to 30 minutes before the published starting time of the session. Cost is \$5.00 per individual event, and \$10 for each relay. A swimmer who is not previously entered in the meet must also pay the \$13.00 surcharge. Deck entries for each event will be placed in open lanes in existing heats in the order in which they are received by the Clerk of Course. New heats will not be created. There is no guarantee that a deck entry will get to swim the event and there will be no refund of entry fees. No event will be reseeded to accommodate a deck entry. A swimmer who scratches one event and enters another event to replace it will be charged deck entry fees.

SCRATCHES: No money will be refunded for scratches. A swimmer who does not report by the final call will be scratched from that event.

SCORING: Individual Events: 9-7-6-5-4-3-2-1.

AWARDS: High Point Awards will be given for age groups 8&under, 9-10, 11-12, 13-14 and 15-18. Ribbons will be given for top 8 places in 8&under, 9-10, and 11-12 events. Open events will not count towards high point awards for 12&Unders.

ATTENDING COACHES: Under ASI rules, each team must provide a copy of each attending coach's USA-S membership card. Attending coaches should be prepared to show proof of their USA-S registration and valid certification in CPR, First Aid, and Safety Training if requested.

ENTRY FORMS: A complete entry packet must include (1) a HYTEK file containing the entries, (2) a printed list of all entries including relays, sorted by swimmer, (3) a completed, signed meet summary form, (4) proof of USA-S registration for all attending coaches, and (5) a check payable to Central Arkansas Swim Club to cover the cost of the entries.

ENTRY: Entries must be received by Wednesday, December 30th, 2015. Send all items in the entry packet to: Central Arkansas Sports Club, 2615 Finley Loop, Bryant, AR 72022. Teams are encouraged to send the first two items (HYTEK file and printed list of entries) as attached files via email to coachonat@cascracers.com. A team will not be accepted into the meet without a completed, signed meet summary form and check. Entries which require a signature for receipt will not be accepted.

SMOKING: USA-S rules prohibit smoking and use of other tobacco products on the pool deck, in locker rooms, and swimmer rest areas.

WARM-UPGUIDELINES: Warm-up guidelines adopted by ASI will be in effect. Warm-up lanes will be assigned to teams. The host team will have the pool for the first 30 minutes of warm-ups. All other teams will be split into the lanes during the second 30 minutes of warm-ups will be a general warm-up in all lanes. No diving off the blocks or off the edge of the pool - feet first entry only; no sprints or pace work. Last 10 minutes will be used for one way starts. Pool will be cleared 10 minutes before the start of the meet. The Therapy pool will be open for warm-up and warm down during the afternoon session.

SAFETY: Use of audio or video recording devices, including cell phone devices with such capability is absolutely prohibited in all dressing areas, locker rooms, bathrooms or any other location where swimmers may be dressing. Any person so found possessing such devices in these areas will be immediately removed from the meet with all fees forfeited, and subject to further LSC and or USA Swimming sanctions and penalties. No On-Deck Changing will be allowed. No animals of any kind are allowed in the facilities except those allowed by law. No alcoholic beverages in the facility.

Any Swimmer who does not enter the pool feet first during any portion of a warm-up/warm-down period which requires feet first entry shall receive a warning for the first offense rather than a disqualification. Disqualifications are automatic for subsequent violations. In the session in which the penalty is enforced, the swimmer cannot deck enter an event to replace the event from which they were removed. This rule applies to the separate warm-up pool during all sessions.

Every swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

It is understood and agreed to that USA Swimming, Arkansas Swimming, the host club and officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Concessions: Concessions will be sold in the lobby.

Gym: The basketball gym will be open for parents and swimmers during the meet.

QUESTIONS: Contact Patrick Bass - 501-681-8554 - pbass@casrangers.com or Onat Tungac – 501-766-6095 – coachonat@casrangers.com

ORDER OF EVENTS

Saturday Morning 12 & Under

Girls	Event	Boys
1	12 & Under mixed 100 Free Relay	1
3	11-12 50 Free	4
5	10 & Under 50 Free	6
7	8 & Under 25 Free	8
9	11 – 12 50 Back	10
11	10 & Under 50 Back	12
13	8 & Under 25 Back	14
15	11 – 12 50 Breast	16
17	10 & Under 50 Breast	18
19	8 & Under 25 Breast	20
21	11 – 12 50 Fly	22
23	10 & Under 50 Fly	24
25	8 & Under 25 Fly	26
27	11 – 12 100 I.M.	28
29	9-10 100 I.M	30
31	8 & Under 100 I.M.	32
33	11-12 100 Free	34
35	9-10 100 Free	36
37	8 & Under 100 Free	38

Saturday Afternoon 13 & Over

Girls	Event	Boys
39	Open mixed 200 free relay	39
41	Open 400 I.M.	42
43	Open 200 Free	44
45	Open 100 Butterfly	46
47	Open 200 Back	48
49	Open 100 Breast	50
51	Open 50 Free	52
	---10 minute Break---	
53	Open 100 Back	54
55	Open 200 Fly	56
57	Open 200 IM	58
59	Open 200 Breast	60
61	Open 100 Free	62
63	Open 500 Free	64

CASC Clarksville Winter Invite Summary Form

Complete this Meet Summary Form and submit it along with your complete entry form and your check. Make checks payable to Central Arkansas Swim Club (CASC). Mail all entries to:

OnatTungac

2615 Finley Loop

Bryant AR 72022

Phone 501 766 6095, email coachonat@cascracers.com

NAME OF CLUB: _____

CLUB CODE: _____

MAILING ADDRESS: _____

PERSON TO CONTACT REGARDING QUESTIONS: _____

PHONE NUMBER: _____

ATTENDING COACHES: _____

COACH'S PHONE NUMBER: _____ E-MAIL ADDRESS: _____

#Swimmers x \$13.00 SURCHARGE = _____

#Individual Entries x \$2.50 per event = _____

Relay Entries x \$5.00 per relay = _____

Total Fees = _____

As specified by USA swimming and ASI, each coach or team representative must certify that all swimmers entered on the entry forms are members of USA swimming as of the entry deadline, or the applications for membership (including fees) are enclosed with the entry forms. In addition, the signature below certifies that each attending coach is a member of USA Swimming and has valid certification in CPR, First Aid and Safety Training for the duration of the Meet. In consideration of the acceptance of this entry, we hereby waive and relieve any and all claims against USA Swimming, ASI, Clarksville Aquatic Center, the Central Arkansas Sports Club, and officials.

SIGNATURE OF COACH/TEAM REPRESENTATIVE: _____